## Brokered Dialogue: A Community Research Methodology

Indigenous Patient-Led CPD

ubccpd.ca/rural/indigenous-patient-led-cpd

## What is Brokered Dialogue?

Brokered dialogue is a trilogy of video segments fused together, ultimately headed towards the same goals. It offers participants a space for safe discussion. Our intention is to have these films is to be used as a catalyst for respectful dialogue and problem solving. In offering brokered dialogue, we hope to reveal where positions and perspectives can be susceptible to change for revision and refinement providing opportunities for reconciling divergent perspectives. Brokered dialogue can illuminate pathways for effective solutions where there is entrenched disagreement among interested parties. Ultimately, the goal of creating these films is to create action-oriented conclusions leading to changing hearts and minds of physicians.

## Brokered Dialogue Is One of The Many Methods:

Brokered dialogue is one method that a community might choose to engage with their local health care team. To ensure that this project is authentic, we value creating confidentiality to create a safe space for patients and physicians, as well as ensuring that this project is Elder-led and community-led. We honour narratives through storytelling. The interpretation is data-driven and offers a way to improve a broken health care system and relationships, in relation to care. If brokered dialogue does not fit with your community's needs, we are interested in exploring other options of Indigenous cultural safety education.

## Our Guiding Principles:

**Co-developed, Co-facilitated:** Sharing best practices with rural physicians and health care providers to foster cultural humility, address systemic bias and improve the health of Indigenous peoples.

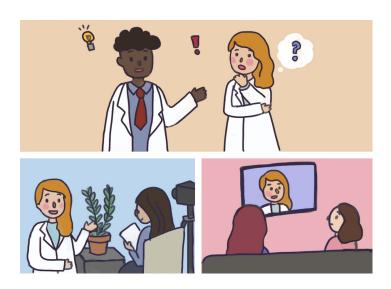
Community-Based and Patient-Led: community and patient voices are central.

**Strengthening Cultural Safety:** Addressing systems of oppression, racism, and bias. Building and strengthening relationships between First Nations and physician communities by creating opportunities for self-reflection and dialogue.



**Phase 1:** Indigenous community members are welcomed to share their experiences in health care via video recording.

Upon video completion, local health care professionals are invited to watch and reflect on these videos.



**Phase 2:** Local health care professionals are welcomed to share their thoughts, reflections, and the changes to practice they will make via video recording.

Upon video completion, Indigenous community members are invited to watch and reflect on these videos.



**Phase 3:** Indigenous community members are welcomed to share thoughts on the local health care professionals' video.

Upon video completion, local health care professionals are invited to watch and reflect on these videos.