

April 9 2024 Webinar Resources: April 9, 2024 - Managing Alcohol Use Disorder in BC: New Guidelines, Challenges & Clinical Pearls

Testing, Diagnostics, & Treatment

- [Modified Single Alcohol Screening Questionnaire](#) (M SASQ)
- [Twelve Tests and Treatments to Questions](#) (Choosing Wisely Canada)
- [Prediction of Alcohol Withdrawal Severity Scale](#) (MD+CALC)
- Drugsearch.ca

Alcohol Intake Guidelines

- [New guidance on alcohol and health from the Canadian Centre on Substance Use and Addiction](#) (This Changed My Practice, UBC CPD)
- [Navigating the nuances of the Canadian guideline's stance on selective serotonin reuptake inhibitors in concurrent alcohol use disorder and mood or anxiety disorders](#) (CMAJ)

Trauma-Informed

- [ACEs & Trauma](#) (Pinetree Institute)

Additional Resources

- [Motivational Interviewing and What Makes Helpers Helpful](#) (Virtual Grand Rounds)

Mindfulness

- AnxietyCanada.com

Apps (please note these applications are peer recommendations and have not been vetted by the panelists)

- [Calm](#)
- [Insight Timer](#)
- [Calm Harm](#)

Book Recommendation

- [Body Keeps the Score](#) (Bessel van der Kolk)